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Essential Travel Tips



Airport Sleeping Tips

1. Always Have A Backup Plan

This is the most important tip for anyone who voluntarily sleeps in airports. Airport officials are not totally supportive of the airport sleeping idea. Although in 99% of the airports you won't be kicked out, you will be asked why you are there, why you are not in a hotel like normal people and they will ask for proof that you are flying the next day. So Be Prepared To Answer Those Questions!

2. Bring something Comfortable to Sit On

You know all about those pesky airport plastic chairs with arm handles and curved seats. These seats are not only uncomfortable, but also unfair to the airport sleeper's rights (we have the right to be comfortable when we sleep, don't we?) and should be banned! Not everyone has a sleeping bag with them, so if you have a towel and something else that is cushiony throw it down on the floor and try that method. By the way, in some airports, taking out your sleeping bag might be the straw that breaks the camel's back. Please remember that if you take advantage of the free lodging too much, airport officials will come down harder on you making it more difficult for you to get any sleep.

3. When Sleep Is Impossible

If the worst comes to the worst and sleep is nowhere in sight, occupy yourself with something rather than die of boredom. If you have your walkman or a book to entertain yourself, the night will go faster.



4. Act Innocent

Even if you are in airports on a regular basis, do not act like a professional! Act like you really do not want to be there and there is absolutely nowhere else to go. Remember, in the airport official's eyes, the airport is not a motel.



5. When You are Forced To Sleep In The Airport

When you are forced to stay over in an airport due to airline problems, make sure you are granted access to their lounge. This is especially recommended for the airports with uncomfortable chairs out in the main transit/departure lounge with the usual rift-raft. It is possible, so act with determination and use your imagination!

6. Single Traveller Listen Up!

Travelling solo can be a pain in the ass, especially when you are an airport sleeper. Remember that in airports where few, if any, people camp out, you will have to take your luggage with you wherever you go. Even though you don't have to worry about people stealing your belongings, you can't just leave your stuff sitting there. If you do, you may see the bomb squad taking apart your bag by the time you return from the washroom.